

Spices, Herbs, and Such

Mark Hassman / June 2013

Abacateiro Leaf	Bear Root	Buckthorne Bark	Chrysanthemum Flower
Abuto	Bedstraw Herb	Bugleweed	Chuchuhuasi Bark
Acacia Flower	Bee Pollen	Bupleurum Root	Cichona Bark
Acanthopanax	Beet Root	Burdock Leaf	Cilantro
Acerola	Bergamot Leaf	Burdock Root	Cinnamon Korinjte
Achiote Leaf	Betel Nut	Butchers Broom	Granules
Achyranthes Root	Beth Root	Butcher's Broom Root	Cinnamon Powder
Aconite Root	Bilberry Leaf/Fruit	Butea Flower	Cinnamon Sticks
Adzuki Bean	Birch Bark	Butterbur Leaf/Root	Cinquefoil
Agar Agar Powder	Bistort	Button Snake Root	Cistanche Powder
Agaricus Mushroom	Bittersweet Stalks	Cactus Root/Leaf/Flower	Citric Acid
Agrimony	Blackberry Leaf	Calamus Root Sweet	Clary Sage
Ajamoda Power	Black Catechu	Flag	Clay Bentonite
Ajowan Seek	Black Cohosh	Calcatrippe Larkspur	Clay French Green
Akebia Vine	Black Cohosh Root	Calendula Marigold	Clay Kaolin White
Alfalfa Leaf / Seed	Black Currant Leaf/Bark	Camphor Crystals	Clay Moroccan Red
Alkanet Root	Black Haw Bark	Camu Camu Berry	Cleavers Herb
Allspice	Black Henna	Caraway Seed	Clove Bud
Aloe Cape	Black Horehound	Cardamon Seed	Club Moss
Aloe Vera Powder	Black Radish Root	Carline Thistle Root	Cnidium Fruit
Alteris Root	Black Walnut	Carob Bean	Codonopsis Powder
Alum	Bark/Leaf/Hull	Cascara Sagrada	Coleus Root
Amalaki Fruit	Bladderwrack	Cassie Bark	Colombo Root
Anamu Herb	Blessed Thistle	Catnip	Coltsfoot
Andrographis	Blood Root	Cat's Claw Bark	Combretum
Angelica Root	Blueberry Leaf	Catuaba Bark	Comfrey Leaf
Anise Seed	Blue Cohosh	Cayenne Powder	Comfrey Root
Anise Star	Blue Flag Root	Cedar Chips/Berry	Condurango Bark
Arnica Flower	Blue Lotus Flower	Celandine Herb	Coptis Root
Arrowroot Powder	Bog Bean	Celery Seed	Coriander Seed
Asafoetida	Bog Berry	Cha de Bugre	Cornelia Cherry Powder
Ash Bark	Bois Bande	Chaga Granules	Corydalis Root
Ashwaganda Root	Boldo Leaf	Chamomile Flower	Couchgrass Powder
Astragalus	Boneset	Chamomile German	CowSlip
Ba Ji	Borage Leaf	Chanca Piedra	Cramp Bark
Balm of Gilead Buds	Borututu Bark	Chaparral Leaf	Cranberry Powder
Balmony	Boswellia	Chaste Tree Berry	Cranesbill Root
Balsam Fir Needles	Bouquet De Garni	Chervil Leaf	Cream of Tartar
Banaba Leaf	Boxwood	Chestnut Sweet Leaf	Cubeb Berry
Barberry Bark	Broom Flower	Chia Seeds	Culver's Root
Basil	Broom Heather	Chickweed	Cumin Seed
Bayberry Bark	Buchu Leaf	Chicory	Curcurliginis Root
Bay Laurel Leaf	Buck Bean Leaf	Chlorella	Curry Powder
Bead Tree Seeds	Buckeye	Chondoitin	Cuscuta Seed

Cuti	Figwort Herb	Gymnema Leaf	Java Tea
Cyani Flowers	Fireweed Herb	Gynostema Herb	Jersey Root
Daisy Flower	Five Finger Grass	Hawkweed	Jewel Weed
Dakota Sage	Five Finger Herb	Hawthorne Berry	Jobs Tears
Damiana Leaf	Flax Seed 2oz	Hawthorne Leaf Flower	Jujube Dates
Dandelion Leaf	Flor De Arena Herb	Hazelnut Bark	Juniper Berry
Dandelion Root	Forsythia	Heather Flowers	Juniper Tips
Danshen Root	Fo-Ti Root	Helichrysum Flowers	Kalmegh
Darjeeling Tea Leaf	Frankincense	Heliotrope Grains of	Kamla Fruit
Dead Nettle	Fring Tree Bark	Paradise	Karela
Deer Antler Velvet	Fullers Earth	Helonious	Kava Kava Root
Deer's Tongue Leaf	Fumitory	Hemp Meal	Khella Seed
Powder	Galangal Root	Hemp Seed Oil	Kino Tree Powder
Devils Claw	Garam Masala	Herbes de Province	Knotgrass
Devil's Club Root	Garcinia Cambogia	Hercampuri Powder	Knotweed
Dill Seed	Garden Daisy	Hereampuri Powder	Kola Nut
Dill Weed	Gardenia	Hibiscus Flower	Kuckicha Twig
Dioscorea Root	Garlic	Hickory Bark	Kudzu Root
Dittany of Crete	Gentian Root	High John the Conquerer	Labrador Leaf
Dog Grass	Geranium Root	Root	Ladanum
Dogwood Bar	Germander Powder	Holly Thistle Leaf	Lady's Beadstraw Herb
Dong Quai Root	Ginger Root	Holy Basil	Lady's Mantle
Dragon's Blood Resin	Ginger White Sugared	Hops Flowers	Lady's Slipper Root
Dulse Leaf	Candied Root	Horehound Leaf	Lang Dan Cao Root
Ear Candle	Ginkgo Leaf	Horny Goat Weed	Larch Bark
Echinacea Root	Ginseng Root	Horopito Leaf	Larkspur
Echinacea Tops	Glabrous Chestnut	Horse Chestnut Fruit	Lavender Flower
Elder Berry	Glauber	Horseradish Root	Ledebouriella Root
Elder Flowers	Glidewort Herb	Horsetail Shavegrass	Leigong Teng
Elecampagne Root	Globe Amaranth	Hou Tou Gu	Lemon Balm Leaf
Eleuthero Root	Glossy Privet	Houttuynia Cordata	Lemongrass
Elsholtzia Herb	Goat's Rue	Huacapurana Powder	Lemon Grass Leaf
Epazote Leaf	Goji Berry	Huang Bai	Lemon Peel
Epimedii	Goldenrod	Huckleberry Herb	Lemon Verbena
Espinheira Santa Leaf	Goldenseal Root	Hydranga Root	Lespedeza
Essiac Tea Leaf	Gotu Kola	Hyssop Leaf	Licorice Stick
Eucalyptus Leaf	Grains of Paradise	Iceland Moss	Life Everlasting Flowers
Eucalyptus Oil	Grape Root/Seeds	Indian Gooseberry	Ligusticum Wallichii
Eucommia Bar	Gravel Root	Indian Madder Root	Root
Euphorbia	Graviola	Indigo Powder	Ligustrum Fruit
Evening Primrose	Green Chiretta	Inositol Powder	Lilac Flowers
Evodia Fruit	Griffonia Seed	Inulin Powder	Lilly of the Valley
False Unicorn	Gromwel Herb	Irish Moss	Lily Pond
Fang Feng Root	Ground Ivy Alehoof	Isatis Herb/Root	Linden Leaf Flowers
Fang Ji Root	Guaiacum Gum	Jaborandi Leaf	Liverwort Herb
Fennel Seed	Guarana Seed	Jalap Root	Lobelia Leaf
Fenugreek Seed	Guar Gum	Jambul Bark / Seed	Lomatium Root
Feverfew Seed	Guava Leaf	Jasmine Flower/Pearls	Longan Flesh
Field Eringo	Guinea Hen Weed	Jatamansi Root	Lon John

Loquat Leaf	Muna Herb	Pine Bark White	Rhodoiola Root
Lotus Leaf/Flower	Mung Beans	Pinellia Tuber	Rhubarb Root
Lovage Leaf	Mustard Oriental Hot	Pine Needles / Tops	Rock Rose Flower
Lovage Root	Mustard Seed Black	Pipli Powder	Roman Chamomile
Lucky Hand Root	Mustard Seed Yellow	Pipsissewa Prince Pine	Rooibos Tea Leaf
Lucuma Fruit	Myrrh Gum	Pitcher Plant	Rose Buds Petals
Luffa Frui	Myrtle Leaf	Plantain Leaf	Rose Hips
Lungwort Leaf	Neem Leaf	Pleurisy Root	Rosemary Leaf
Lychee Seed	Nettle Leaf	Plumeria Flower	Rose of Jericho
Lycii Berries	Neutral Henna	Poke Root	Rowan Bark
Maca	Noni Root	Polyporus Umbellatus	Rue Leaf/Herb
Mace Powder	Nopal Cactus	Pomegranate Pel	Rupturewort
Madder Root	Nutmeg	Poppy Flower/Seed	Safed Musli Root
Magnolia Bark	Oak Bark	Poria Mashroom	Safflower
Magnolia Flowers	Oak Moss	Prickly Ash Bark	Saffron
Maidenhair Fern	Oatstraw Flowering Tops	Primrose Flower Cowslip	Sage Leaf
Mai Men Dong	Old Man's Beard	Prune Fruit Powder	Saint Johns Wort
Male Fern	Olive Leaf	Psyllium Husk/Seed	Salep Powder
Mallow Leaves	Onion Powder	Pueraria Root	Salvia Seng Root
Malva Flowers	Ophiopogon Root	Pu Erh Tea	Sandalwood
Manayupa	Orange Blossom	Pumpkin Seed	Chips/Powder
Mandarin Peel	Orange Peel	Puncture Vine	Sang Ji Sheng Stems
Mandrake Root	Oregano	Purple Loosestrife Herb	Sangra De Grado
Manna Powder	Orris Root Powder	Purslane Leaf	Sanicle Herb
Manzanita Leaf	Osha Root	Pusatilla Herb	Sarsaparilla Root
Maral Root	Ox Eye Daisy	Pussy Willow Flower	Sassafras Leaf
Marigold Flowers	Oyster Shell Powder	Pygeum Bark	Sassafras Root Bark
Marjoram Leaf	Panax Notoginseng Roog	Quaking Aspen Bark	Savory Leaf
Marshmallow Leaf	Pansy Herb	Quassia Chips	Saw Palmetto Berry
Marshmallow Root	Papaya Leaf	Quatre Spice	Schizandra Berries
Meadowsweet	Paprika	Quebracho Blanco Bark	Scute Rute
Melilot Herb	Parsley Root	Queen of the Meadow	Sea Buckthorn Leaf
Menthol Crystal	Partridge Berry	Queen of trhe Meadow	Senega Root
Milk Thistle Herb	Passion Flower	Herb	Senna Leaf
Milk Thistle Seed	Patchouli Leaf	Radish Sprout Seed	Sesame Seed Whole/Oil
Milkweed Herb	Pau D'Arco Bark	Ragwort	Shag Bark
Milky Oat Tops	Paw Paw Twigs	Ramsons Powder	Shan Zha
Mimosa Bark	Peach Leaf	Ramulus Steam	Shan Zhu Yu
Mistletoe Leaf	Peelu Wood	Raspberry Leaf	Shavegrass
Mojo Bean	Pellitory of the Wall	Red Clover	Sheep Sorrel Herb
Morinda Root	Pennyroyal	Red Henna	Shepard's Purse
Moringa Seeds	Peony Root/Flower	Red Oak Bark	Shonny Haw Bark
Motherwort Leaf	Peppercorn Long Fruit	Red Root	Skullcap Leaf
Mugwort Leaf	Peppercorn White	Red Sage Root	Skullcap Root
Muir Puama	Peppermint Leaf	Red Willow Bark	Skung Cabbage Root
Mulberry	Perilla Leaf	Rehmannia Root	Slippery Elm Bark
Fruit/Leaf/Twig	Periwinkle	Reishi Slices	Smilacis Root
Mullein Leaf	Phellodendron Bark	Restharrow Root	Smoke Tree Leaf
Mulolo Root	Pimpernel Root	Rhatany Root	Soapwort

Solomons Seal Root	Teasel Root	Vijaysar Stem	Wolfberry Fruit
Sophora Root/Flower	Theriac	Viola Yeodensis	Wolfsbane
Southernwood Herb	Three Wing Nut	Violet Leaf Flower	Wood Betony
Spearmint Leaf	Thuja Leaf	Vitex Berries	Wood Betony Herb
Speedwell Herb	Thunder God Vine	Wahoo Root Bark	Wood Ear Mushroom
Spikenard Leaf	Thyme Leaf	Watercress Herb	Woodruff Leaf
Spilanthes Herb	Toadflak Herb	Water Plantain Herb	Woolly Grass Leaf
Spinach Leaf Powder	Tongkat Ali	Wheat Germ	Wormseed
Spirulina Power	Tonka Beans	Wheat Grass Powder	Wormwood Herb
Squaw Vine Herb	Tormentil Root	White Ash Leaf/Bark	Wormwood Leaf
St. John's Wort Herb	Tribulus Power	White Oak Leaf/Bark	Xantham Gum
Stone Root	Trichosanthes Root	White Pond Lily Root	Yacon Roo
Strawberry Leaf	True Unicorn Root	White Spruce Cones	Yarrow
Sumac Root Bark	Turkey Tail Mushroom	White Willow Leaf/Bark	Yellow Dock Root
Sutherlandia Powder	Powder	Wild Cherry Bark	Yellow Pond Lily
Sweet Annie Herb	Turmeric Powder	Wild Garlic Leaf	Yerba Manz Root
Sweet Cicely Root	Usnea	Wild Indigo Root	Yerba Mate Leaf
Sweet Flag Root	Usnea Lichen	Wild Lettuce	Yerba Santa
Sweet Gale Leaf & Bud	Uva Ursi Leaf	Wild Yam	Yohimbe Bark
Sweetgrass Braids	Valerian Root	Wild Yam Root	Yucca Root
Szechuan Peppers	Vanilla Bean	Wintergreen Leaf	Zedoary Root
Tansey	Vervain	Witch Hazel Leaf	Zizyphus Spinosum Seed
Tarragon Leaf	Vetiver Root	Witch Hazel Leaf/Bark	